



# BRAINERD FAMILY SWIM LESSON SCHEDULE

## Fall Session 2 2021 November 2nd-December 16th

CLASSES ARE SUBJECT TO CANCELLATION IF THERE ARE LESS THAN 2 PARTICIPANTS

Schedule is subject to change.

**\*\*Classes will have a break Thanksgiving week due to the holidays\*\***

SWIM STARTERS A & B (6 –36 month olds) **with parent or caregiver			
DAY	TIME	POOL	INSTRUCTOR
Tuesday	5-5:30PM	AC	Laura L.
Thursday	5-5:30PM	AC	Laura L.

Preschool Stage 1: Water Acclimation 3-5yo			
Tuesday	5:40-6:10PM	AC	Laura L.
Thursday	5:40-6:10PM	AC	Laura L.
Stage 2: Water Movement			
Tuesdays	5-5:30PM	AC	Michelle
Tuesdays	5:40-6:10PM	AC	Michelle
Thursdays	4:50-5:20PM	AC	Colleen
Stage 3: Water Stamina			
Tuesdays	5:15-5:45PM	AC	Vanessa
Thursdays	5:30-6PM	AC	Colleen

School Age Stage 2: Water Movement 6-12 years			
DAY	TIME	POOL	INSTRUCTOR
Thursdays	5-5:30PM	AC	Michelle
Thursdays	5:40-6:10PM	AC	Michelle
School Age Stage 3: Water Stamina			
Tuesdays	6:20-6:50PM	AC	Kaylee
Thursdays	6:20-6:50PM	AC	Kaylee
Thursdays	5:15-5:45PM	AC	Vanessa
School Age Stage 4: Stroke Introduction			
Tuesdays	5:50-6:20PM	LP	Vanessa
Thursdays	5:50-6:20PM	LP	Vanessa

\*\*Schedule last updated on 10/6/2021\*\*

## ABOUT Y SWIM LESSONS

The Y strives to help all ages learn how to swim, so they can stay safe around water and learn the skills needed to make swimming a lifelong pursuit for healthy living. In addition to teaching swimming skills, all lessons include instruction on water and personal safety. YMCA swim lessons include age-appropriate opportunities to define, model and celebrate our core values of caring, honesty, respect and responsibility.

Swim lessons provide important life skills that could save a life, and will benefit you and your child for a lifetime. All YMCA swim instructors are certified and trained in CPR, AED & First Aid.

## Lesson RATES

Each class is 30 minutes long regardless of age or stage.

**Members: \$55**

**Community Members: \$95**

## Adaptive Swim lessons

We currently offer private adaptive swim lessons and will be offering semi private adaptive swim lessons in the near future. Please stay tuned for more information. We have two staff who are angelfish certified to help meet the needs of these swimmers. We will also be offering a monthly adaptive/sensory friendly open swim. Please stay tuned!!

Please stay tuned... We will be offering a new  
**SYNCHRONIZED SWIMMING PROGRAM**  
Starting in February 2022!!!

\*\* Online registration will open at midnight or register in person.

Class descriptions are available at the Front Desk or online. Ask for assistance in choosing a class.

Contact Laura to set up a free swim assessment.

**Laura Marsolek, Assistant Aquatics Director** \* 218-454-2561 \* [lmarsolek@blymca.org](mailto:lmarsolek@blymca.org)

## 2021/2022 SWIM LESSON SCHEDULE

Session	Schedule Out	Registration	Running
Fall Session 2	October 1st	October 18th	November 2nd–December 16th (6 weeks)
2022 Session 1	December 20th	December 27th	January 4th–February 10th (6 weeks)
2022 Session 2	TBD	TBD	February 22nd–March 24th (6 weeks)
2022 Session 3	TBD	TBD	April 12th–May 19th (6 weeks)
2022 Session 4A	TBD	TBD	June 13–24th (2 weeks)
2022 Session 4B	TBD	TBD	June 27th–July 15th (2 weeks)
2022 Session 4C	TBD	TBD	July 18th–July 29th (2 weeks)
2022 Session 4D	TBD	TBD	August 1st–12th (2 weeks)
2022 Session 4E	TBD	TBD	August 15th–26th (2 weeks)
2022 Session 5	TBD	TBD	September 13th– October 27th (7 weeks)
2022 Session 6	TBD	TBD	November 8th–December 22nd (6 weeks)