



**BRAINERD FAMILY YMCA**  
**New Discoveries Day Care Center**



**Overview of our daily routine:**

- 6:00-9:00 **Teacher Designated Activity**  
(6:00-7:30 children may be combined w/other classrooms)
- 8:00-9:00 **Breakfast/Manners**
- 9:00-9:30 **Split into groups**  
(Games, sharing, exercises, songs, stories, etc.)
- 9:30-9:45 **Circle time**  
(calendar, weather, ABC's, 123's, shapes, colors, etc.)
- 9:45-10:00 **Academic time**  
(writing, tracing, letters, numbers, shapes, Spanish, etc.)
- 10:00-10:15 **Art/Creative time**  
(painting, coloring, drawing, etc.)
- 10:15-10:30 **Sensory/Enrichment**  
(playdough, sensory, mixing, etc.)
- 10:30-11:15 **Outside Play or Teacher Designated Activity**
- 11:15-11:30 **Clean-up**
- 11:30-12:30 **Lunch/Manners/Tooth brushing**

- 12:30-2:30 **Nap/Quiet time/Quiet play**
- 2:30-3:15 **Outside Play or Teacher Designated Activity**
- 3:15-3:30 **Clean-up**
- 3:30-3:45 **Snack/Manners**
- 3:45-4:00 **Language**  
(stories, finger plays, songs, flannel board)
- 4:00-5:00 **Fine motor**
- 5:00-6:00 **Teacher Designated Activity**  
(children may be combined with other classrooms)

*SCHEDULES VARY SLIGHTLY DEPENDING ON AGE CLASSROOM!*