

YMCA Gym Schedule

Effective December 4 - February 28, 2010

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday		
	East	West	East	West	East	West	East	West	East	West	East	West	East	West	
6:00 AM	Day Care	Group Cycle 5:45-6:45 OPEN	Boot Camp	OPEN	OPEN	Group Cycle	OPEN	Boot Camp	OPEN	OPEN	Closed Until 7 AM		Closed Until 11:00 AM		
7:00			5:45-6:30	preschool sports 9:30-10:15	OPEN	Day Care	5:45-6:45	5:45-6:30	Group Cycle 8:25-9:10	OPEN					OPEN
8:00			Day Care												
9:00				Day Care	Day Care	Day Care	OPEN	OPEN	OPEN	OPEN					
10:00			Day Care								Day Care	Day Care	OPEN	OPEN	OPEN
11:00				Day Care	Day Care	Day Care	OPEN	OPEN	OPEN	OPEN					
Noon			Homeschool Gym								Adult Pick-up Basketball	Adult Pick-up Basketball	Adult Pick-up Basketball	Adult Pick-up Basketball	Adult Pick-up Basketball
1:00				Homeschool Gym	Adult Pick-up Basketball	Adult Pick-up Basketball	Adult Pick-up Basketball	Adult Pick-up Basketball	Adult Pick-up Basketball	Adult Pick-up Basketball					
2:00			OPEN								OPEN	OPEN	OPEN	OPEN	OPEN
3:00			OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN	OPEN
4:00	TEENS AFTER SCHOOL	KIDS' CLUB	TEENS AFTER SCHOOL	KIDS' CLUB	TEENS AFTER SCHOOL	KIDS' CLUB	TEENS AFTER SCHOOL	KIDS' CLUB	TEENS AFTER SCHOOL	KIDS' CLUB	YMCA CLOSSES AT 4:00 ON SATURDAYS		YMCA CLOSSES AT 4:00 ON SUNDAYS		
5:00	TEENS AFTER SCHOOL	KIDS' CLUB	TEENS AFTER SCHOOL	KIDS' CLUB	TEENS AFTER SCHOOL	KIDS' CLUB	TEENS AFTER SCHOOL	KIDS' CLUB	TEENS AFTER SCHOOL	KIDS' CLUB					
6:00	MENS BASKETBALL		ADULT VOLLEYBALL		MENS BASKETBALL		ADULT VOLLEYBALL		OPEN	Adult Dodgeball					
7:00															
8:00															
9:00															
10:00															



WE BUILD STRONG KIDS, STRONG FAMILIES, STRONG COMMUNITIES