

YDAY CAMP™

We build strong kids, strong families, strong communities.

Summer 2009

Dear Day Camp Parent(s),

Welcome to Day Camp!!! This letter should answer many of the questions or concerns you may have about this program. Our camp hours are from 7:30-6:00 each day. Once a week (typically Tuesdays or Thursdays) we will be bussed to various places in our community. These days, there will be an additional \$5 required to help cover some of the transportation costs. For staffing and transportation reasons, it is **VERY IMPORTANT** that you register at least one week prior to the days your child will be attending. Unannounced “Drop ins” may be turned away.

What to Bring: Campers will need to bring a bag lunch along with any snacks they may wish to have during the day. Kids will also need to bring along with them a swim suit, towel, a jacket or sweatshirt, water bottle, sun screen and bug spray. (We have limited spaces to keep personal items here at the YMCA.) **Please make sure that all of your children’s items are properly labeled.** If your child requires any sort of medication to be distributed please inform Day Camp Staff. All medications should be given to the YMCA staff in charge and must be accompanied with the proper medication permission form. We will make sure that these medicines are in a safe location and taken when needed.

You will be required to sign your child in and out each day with the day camp staff. Please do not drop them off at the front door. This is to ensure your child’s safety. Any changes you may need to make in your child’s daily routine will need to be indicated in a signed note to the staff on the day of the change (i.e. if your child will need to be picked up at a camp early or is not coming that day.)

I am very proud of the people staffing Day Camp this year. You can be rest assured that your child will be in good hands. We will have life guards at the waterfront each day, and all lead counselors are First Aid and CPR certified.

Please return all personal information forms to the YMCA on as soon as possible.

This will be my 5th Summer Day Camp Experience and I am very excited to get to know you and your child this summer. WE WILL HAVE FUN!! Don’t hesitate to call me if you have further questions. Thank you for your support of Summer Adventure Day Camp 2009.

Sincerely,

Chuck Anderson
Program Director
829-4767
E-mail: canderson@brainerdlakesymca.org



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Sunscreen Policy

YMCA day camp participants spend a great deal of time in the outdoors and are thereby exposed to the sun's harmful rays. Since it is our commitment to promote healthy spirits, minds, and bodies, we follow the following policies in this regard.

- All campers and staff will wear sunscreen with and SPF of at least 15 on all exposed skin, including lips, daily, even on cloudy days.
- Parents or legal guardians will be responsible for applying the first layer of sunscreen prior to morning drop off.
- Parents or legal guardians will be responsible for providing their children with enough sunscreen (in a sealed container) to take with them for later day applications. One container per child, please.
- Day camp staff will be responsible for ensuring thorough follow-up applications after 1 hour in the water, after two hours of activity in the sun, (due to perspiration), and/or any other time as needed. **Please note, this will mean your child will have the sunscreen applied by day camp staff for them, or be instructed by the day camp staff to do so themselves. Please explain this to your child before camp.**
- For campers who have fair skin, freckles, or tend to burn easily and tan little or not at all; we recommend an extra t-shirt to be brought to wear in the water for extra protection.
- The YMCA reserves the right to disallow anyone to participate in the day camp program at any time for failure to comply with this policy.

Please note that these decisions were made to protect your child. Furthermore, our staff members have been trained on this subject and understand their responsibilities and the consequences for failure in observing this policy.

ADDITIONAL INFORMATION:

Swimming ability: _____ Good _____ Average _____ Fair _____ Beginner

Comments: _____

What are some of your child's interests? _____

What is your child looking forward to at camp? _____

What do you hope your child accomplishes at camp? _____

Please comment on any other aspects of your child's behavior personality, or expectations which might be helpful for the camp staff. _____

PARENT'S AUTHORIZATION / WAIVER

- I authorize the YMCA staff to give my child reasonable first aid and to transport my child(ren) to a health care facility for emergency services as needed. I authorize camp personnel to administer insect repellent and sun screen lotion according to manufacturer's directions.

- In the event I cannot be reached in an emergency, I hereby give permission to the physician to hospitalize, secure proper treatment for, and to order injected anesthesia, or surgery for my child(ren) as named above.

- I understand that the Brainerd Family YMCA assumes no responsibility for injuries or illnesses which my child(ren) may sustain as a result of their physical condition or resulting from their participation in Summer Day Camp. I expressly acknowledge on behalf of myself and my heirs that I assume the risk for any and all injuries and illnesses which may result from my child(ren)'s participation in this program. I hereby release and discharge the Brainerd Family YMCA, its agents, servants, and employees from any and all claims for injury, illness, death, loss, or damage which my child(ren) may suffer as a result of their participation in this program.

- I agree to comply with the YMCA day camp sunscreen policy.

- I understand that the Brainerd Family YMCA is not responsible for personal property lost or stolen while my child(ren) is/are participating in day camp.

I give permission for myself/my child(ren) to be photographed, videotaped, and/or filmed, while participating in YMCA activities, and for the resulting images to be used by the Brainerd Family YMCA for promotional purposes.

Parent/Guardian: _____ **Date:** _____

2009 PARTICIPATION PERMISSION FORM

One goal of the Brainerd Family YMCA **Summer Adventure Day Camp**, is to provide kids with opportunities to try fun, outdoor activities. Over the course of the summer these opportunities may include (but are not limited to): hiking and playing in various outdoor settings, fishing, learning to safely use BB guns and bows, tubing & riding in watercraft, kayaking and canoeing, swimming at area beaches, to name a few. Be assured that our number one goal is to keep your child safe while they are enjoying new adventures.

Our safety precautions include:

- being supervised by a certified range instructor when using the firearms and archery ranges,
- swimming only under the supervision of a certified lifeguard, and
- using the buddy system while swimming at area beaches,
- always wearing PFD's when participating in any kind of boating,
- requiring staff to be first aid and CPR certified,
- requiring kids to wear appropriate clothing and sunscreen,
- monitoring kids' sunscreen application and water consumption,
- traveling in small groups and using the buddy system while on fieldtrips.

Your signature is required for your child to participate in these day camp activities. Please check and initial your consent to the activities described below. Then sign and date the form. Thank you.

Fieldtrip Permission

I give my consent for my child, named below, to be transported via bus and / or walk up to 1 mile one-way to the various fieldtrip locations and on the various dates throughout the duration of the 2006 **Summer Adventure Day Camp**.

I have read and give my consent _____.
initials

Firearms Permission

I give my consent for my child, named below, to participate in the firearms and archery programs at Parker Scout Reserve and any other fieldtrip sites having said programs.

I have read and give my consent _____.
initials

Fishing Permission

I give my consent for my child, named below, to participate in the MN DNR's MNAqua fishing Program and any other opportunities to fish.

I have read and give my consent _____.
initials

Boating Permission

I give my consent for my child, named below, to participate in any and all watercraft programs which may include paddling and/or riding in – but is not limited to: lake kayaks, canoes, paddle boats, speedboats, inner tubes or rafts designed for pulling behind boats, and pontoons.

I have read and give my consent _____.
initials

Sunscreen Permission

I have read the YMCA sunscreen policy and give my consent to allow YMCA staff to apply sunscreen to my child, named below, in accordance with said policy.

I have read and give my consent _____.
initials

Child's Name: _____

Parent or Guardian Name: _____