



YMCA ADULT LEAGUES

LIABILITY WAIVER & YMCA CODE OF CONDUCT AGREEMENT

I agree that I will abide by the YMCA Code of Conduct and policies of the Brainerd Family YMCA. I recognize the possibility of physical injury associated with sports leagues and I hereby release, discharge and/or otherwise indemnify the Brainerd Family YMCA, their agents, officers, directors, and employees against any claim by or on behalf of my participation in the program. I also give permission for any pictures, taken of myself, to be used for promotional use only by the YMCA.

I realize that participating in any YMCA adult league may involve vigorous physical activity that may include: running, jumping, quick movement and rapid directional change. I understand that my participation involves certain inherent risks and that regardless of the precautions taken by the Brainerd Family YMCA or the participants, some injuries may occur.

I certify with my signature below that I agree to follow the rules of any given league and abide by the YMCA code of conduct, and that my present level of physical condition is consistent with the demands of active participation in the adult league I will be participating in.

Team Name _____

Team Captain _____

Captain Signature _____

Player

	<u>Name (printed)</u>	<u>Signature</u>	<u>Date</u>
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____
5.	_____	_____	_____
6.	_____	_____	_____
7.	_____	_____	_____
8.	_____	_____	_____
9.	_____	_____	_____
10.	_____	_____	_____